

thePost

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NEWSNOTES

*Change your clock,
change your battery!*



Daylight-saving time ends at 2 a.m. Sunday, Oct. 29. Remember to set your clocks BACK one hour -- and at the same time, replace the batteries in your smoke detectors for another year of safety. As an energy saving measure, starting in 2007, "daylight time" will be observed from the second Sunday in March to the first Sunday in November, adding about a month to the current daylight saving time (the first Sunday in April to the last Sunday in October).

Checkpoints to close temporarily for upgrades

Fort Dix checkpoints are undergoing security upgrades, and each will be closed temporarily while the work is accomplished.

- The Browns Mills Checkpoint will be closed for three days beginning Monday, Oct. 30. While the tank trail will be open as alternate access, the road is very rough and drivers are encouraged to use other checkpoints.

- The Wrightstown Checkpoint will be closed Thursday, Nov. 2, through Sunday, Nov. 5.

- The Main Gate on Route 68 will be closed for five days beginning Monday, Nov. 6.

Residents and employees should allow extra time when entering post, as access may slow due to traffic volume.

Topic requests sought for Town Hall sessions

The Plans, Analysis and Integration Office is seeking suggestions for topics of interest to the workforce and tenant senior leaders for the December Town Hall meetings. Specific topic suggestions may be e-mailed to andrea.mixon@dix.army.mil no later than Nov. 10.

Doyle Cemetery in need of volunteers

Doyle Cemetery is enlisting the support of community volunteers, Scouting groups, veteran service organizations, youth groups and other interested individuals for outreach and education. Interested parties should call retired Marine Corps 1st Sgt. Iven C. Dumas, assistant superintendent, at 758-7250, extension 17, or send e-mail to Iven.Dumas@njdma.va.state.nj.us.

WEATHER

FRIDAY -- Clear and sunny, high of 54 and overnight low of 34 degrees. Overnight clouds and rain.

SATURDAY -- Cloudy skies and light rain, breezy in the afternoon, high of 57 degrees and low of 41.

SUNDAY -- Partly cloudy, breezy, high of 55 and overnight low of 38 degrees. Slight chance of showers.

MONDAY -- Sunny and clear, 58 degree high and overnight low of 38.

TUESDAY -- Partly cloudy, slight chance of showers, high of 55 and low of 40 degrees.

WEDNESDAY -- Mostly cloudy, slight chance of rain, high of 58 and low of 36.

THURSDAY -- Overcast and high chance of rain, high of 61 degrees and low of 34.

Soldier Show 2006



JOB WELL DONE -- Col. David McNeil, installation commander, above left, presents an *Ultimate Weapon* portrait to Sgt. 1st Class Robert Isom, Soldier Show NCOIC.

ANSWERING THE CALL -- Spe. Jessica Solorio, left, and 1st Lt. Sonya Moore, above, let their singing and dancing talents shine during the Soldier Show.

photos by Shawn Morris

Soldiers shine in musical medley

Wayne Cook
Public Affairs Staff

Members of the Fort Dix-McGuire-Lakehurst communities were treated to an extravaganza of light, music, and dancing at the Timmermann Conference Center on post Oct. 24 and 25.

The Broadway-style show was provided by the superbly talented cast and crew of this year's Soldier Show, a production of the United States Army Community and Family Support Center.

The Soldier Show has its origins dating back to World War I when the motto, mission and philosophy of the show were established by a Russian immigrant, Sgt. Israel Berlin (Irving Berlin): "Entertainment for the Soldier, by the Soldier."

The first Army Soldier Show, Yip Yip Yaphank, which was conceived and directed by Berlin, appeared on Broadway in 1918.

This year's production theme is REVEILLE: Answering the Call, a highlight of America's Soldier's love of country, always-ready spirit and commitment to victory.

The troupe was comprised of two National Guard Soldiers, two Reserve Soldiers, one KATUSA (Korean Augmentee to the United States Army) and the rest were active duty Soldiers. The Soldiers come from a diversity of backgrounds: One Soldier was raised in American Samoa; one Soldier was born and raised in Nairobi, Kenya; one Soldier was born and raised in the Republic of Korea; one Soldier grew up in Manila, Philippines and Guam; the rest come from a myriad of cities and towns from all across the continental United States and Hawaii.

The Soldiers went through a grueling schedule of auditions, competing against 200 other applicants before they were selected to be in this year's show, and then underwent six weeks of intense training and rehearsals before the show hit the road for six-and-a-half months and 109 shows. They have traveled to Germany, Italy and all across the United States.

On the road, they work 12- to 14-hour days moving and setting up equipment and costumes, practicing their performances and sharpening their skills. Interlarded into their daily regimes, the Soldiers undergo aerobics and dance classes which, along with the

(continued on page 4)

Army activates new IMCOM to improve support to Soldiers

ARLINGTON, Va., Oct. 24, 2006 -- The Army activated the Installation Management Command Oct. 24 to consolidate and strengthen installation support services to Soldiers and their families through the full authority of command.

Lt. Gen. Robert Wilson assumed the IMCOM command at a Pentagon ceremony hosted by Lt. Gen. James Campbell, Director of the Army Staff. The new command places the former Installation Management Agency, the former Community and Family Support Center and the former Army Environmental Center under a single command as a direct reporting unit.

"Today we take the next step in the evolution of Army installation management...in order to create a more efficient, effective and agile organization to ensure the best Army in the world is supported by the best installations in the world," Wilson said.

In keynote remarks, Campbell drew a parallel between the IMCOM and the

new Army advertising slogan, "Army Strong." He defined "strong" as the ability to take stand up for oneself, while "Army Strong" is the ability to stand up for everyone else.

"In my mind, the Installation Management Command shows that it is Army Strong each and every day," Campbell said, "with the strength to make an installation a community; a set of quarters a home; and complete strangers, friends."

"[IMCOM has the strength] to ease separation and connect the Soldier on point with a family at home; the strength to genuinely care for the loved ones back home so that young Soldier facing life and death can focus on the mission at hand."

As IMCOM commander, Wilson is dual-hatted as the Army's Assistant Chief of Staff for Installation Management, reporting directly to the Army Chief of Staff, Brig. Gen. John A. Macdonald, former IMA director.

(continued on page 3)



Ed Mingin

Airborne training

Three members of the U.S. National Wrestling team stopped at Fort Dix this week to spend time training with Floyd Winter of Youth Sports. Winter is the coach of this year's team. In addition to their time training, Winter and the wrestling team will meet with kids at Pemberton High School for a wrestling clinic this Friday. Marine Lt. Juan Ramos, above, goes through some warm-up exercises before taking to the mat for practice. See more on page 12.

the mind field

Teddy's 'big stick' shook up America and the world

Steve Snyder
Public Affairs Staff

Teddy Roosevelt was born on this date, 148 years ago. To honor his birthday is to respect his accomplishments, which were considerable.

Consider:
● TR admired "the courage of the Soldier" and criticized "the amiable peace at any price people... (who are) generally men weak in body or mind, men who could not be Soldiers because they lack physical hardihood and courage."

But Roosevelt was anything but a "chicken hawk" (those who advocate military action without having ever served in the armed forces). He led the Rough Riders up San Juan Hill and probably deserved the Medal of Honor for it.

But he also helped negotiate the conclusion of the Russo-Japanese War, which properly earned him a Nobel Peace Prize.

● Roosevelt was the first to bust up corporate trusts that were becoming "malefactors of great wealth." TR's "New



www.geocities.com

ROUGH RIDER -- Teddy Roosevelt gained national fame after leading his regiment of "Rough Riders" up San Juan Hill in Cuba in the teeth of enemy fire during the Spanish-American War in 1898.

Nationalism "demanded that business give people a "Square Deal."

"This country will not be a good place for any... if it is not a reasonably good place for all of us to live in," he said, sounding a populist theme.

● Roosevelt believed in the power of ideas. In an age when very few went to college, TR graduated from Harvard. A prodigious reader, he also found time to write 24 books, highly regarded works in fields as diverse as history and nature.



www.notablebiographies.com

Theodore Roosevelt
26th President of the United States

● The first presidential Roosevelt was crazy about the great outdoors. Hunting, riding and exploring were his great passions. After his first wife died tragically, TR spent several years as a cowboy on a ranch in the Dakota Badlands. He never lost his love of the frontier.

Hand-in-hand with that love was his concern with our natural environment.

Roosevelt created the National Forest Service and preserved 16 million acres of trees by signing a bill. He was a close friend of Sierra Club founder John Muir. TR eventually started his own conservation organization, the Boone and Crockett Club, in 1887.

● TR didn't believe in the buddy system or in letting cronies get away with political murder. Author Bram Stoker described Roosevelt as "Man you can't cajole, can't frighten, (and) can't buy."

Roosevelt believed "aggressive



Theodore Roosevelt Collection, Harvard College Library

BULLY PULPIT -- TR considered the presidency to be a bully pulpit or instrument of persuasion. Above, he demonstrates considerable persuasive powers in a tour of New England in 1902.

sive fighting for the right is the noblest sport the world affords."

And he charged right ahead, taking on politicians, the corporations, and effete intellectuals with equal gusto. Shot during a speech in Milwaukee in 1912, TR insisted on continuing and finished strong. The president "never believed it did any good to flinch or yield for any blow."

Roosevelt also wasn't afraid to risk "certain defeat" and political ridicule by running for president on the third party ticket,

heading the "Bull Moose" standard in 1912 which, while it didn't win, did best the Republicans for second place.

When a Moroccan bandit kidnapped American diplomat Perdicaris in 1904, Roosevelt's response was predictable.

"Pericaris alive or Raisuli dead," roared the president.

While TR didn't always speak softly, his big stick did carry him as far as Mount Rushmore.

Quite simply, Teddy was terrific.



painting entitled "Terrible Teddy" for the Unknown," by Keppler, Puck magazine, June 1, 1904

PUGNACIOUS PREZ -- Roosevelt liked to box, took on sumo wrestlers, was a big game hunter and believed the "strenuous life" was "bully."



National Park Service

KEEPING AMERICA BEAUTIFUL -- Teddy Roosevelt stands with another American environmental giant, John Muir, right, at Yosemite in 1903.

Ernie's chic coiffure captivates customers

Tradition trumps trends for local barber

story and photos by
Steve Snyder, PAO staff

"My place is the only place where you can get a haircut at 4:30 in the morning," boasts Ernie Bozarth, proprietor of Ernie's Barbershop in Browns Mills Shopping Plaza.

The shop has always stayed very busy because, in Ernie's view, "It's still an old-fashioned barbershop where we still cut straight around the ears with shaving cream and a razor."

Homage to tradition comes naturally to Bozarth, who's spent the last 20 years cutting hair in his current location and who prior to that worked in seven different shops in Browns Mills from 1964 to 1986.

For the last 10 years, Ernie has shared space and repartee with Sherry Mondargon, a former military barber who has worked at Fort Dix.



Active duty and retired military make up a significant proportion of Ernie's clientele, he says. They like his early hours and appreciate the wizardry his scissors wield even when shaping hair to conform to regulations governing military hairstyles.

A graduate of the old Pemberton High School in 1959, Ernie spent some time in the U.S. Navy before beginning to barber in Browns Mills. His father was a tenant farmer and Ernie began decorating his



GIVE ME A HEAD WITH HAIR -- In his barbershop at the Browns Mills Plaza, Ernie Bozarth has been plying his trade for the last 20 years. The Navy veteran cut hair at seven different locations in Brown Mills for 22 years before that. Farm utensils and obscure license plates, above right, showcase his establishment, the decorations demonstrating reverence for a tradition marked by no nonsense and high craftsmanship.

shops with all kinds of farm machinery, lending a museum-like aura to his shop.

Pretty soon, customers began bringing in items to hang on his walls and Ernie has built up quite a collection of license plates, photographs, and other military paraphernalia over the years.

Connoisseurs of barbershop traditions not only appreciate his decorative efforts but came to savor his encyclopedic conversational tidbits on topics ranging across of wide spectrum of phenomena.

At Farrell, customer services representative for civilian pay at Fort Dix, says he's gone to Ernie

for years and receives conversation as sharp as the master's razor cuts.

"Ernie is not only one helluva barber" but "an all around nice guy."

"Name a topic and he can talk about it," Farrell says. "He's very knowledgeable about current events and was a motorcycle enthusiast" who used to dabble in custom brands.

He's the Browns Mills Boswell of the barbering trade, a long time observer of the local scene.

And Ernie Bozarth wouldn't have it any other way. Nor would customers.

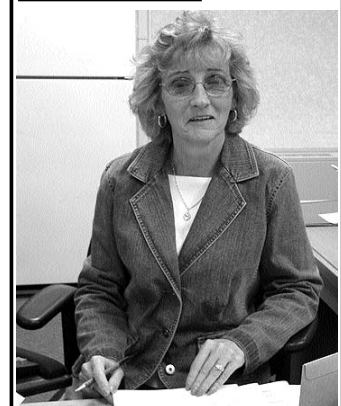


CUTTING EDGE -- Sherry Mondargon, right, has been Ernie's partner for the last 10 years, sharing skills and repartee. Sherry's a former military barber who once worked at Fort Dix.



CLIP JOB -- Ernie Bozarth has had many military patrons over the years who appreciate his skill in crafting attractive haircuts even within the bounds of regulations. Retirees, too, like his early morning hours, befitting military lifestyles. His shop opens 5 a.m. to 6 p.m. Mondays through Fridays and 5 to 3 p.m. Saturdays. Customers sometime catch him ready to go at 4:30 a.m., which is a rare deal in the barbering trade. Due to increased rental rates Ernie's been forced to jack up the price for his haircuts to \$10. Still, it's a small price to pay for art.

Au revoir



Steve Snyder

Pat Lambert retires today after 30 years of federal service - including stints at the Defense Industries Supply Center in Philadelphia, a year at the Fitzsimmons Army Medical Center in Denver and several years at Fort Meade, Md. She started working at Fort Dix in 1982, laboring for 11 years at Wasson Army Hospital before jumping over to DOL as a supply technician and then stepping into her last job as Property Book Manager. She's among the often unsung crew that made Fort Dix a productive enterprise with a congenial atmosphere to boot. Those who remain on the job salute you, Pat.

the Post

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Wayne Cook

NBC School graduates October class

Nuclear, Biological and Chemical Defense School graduating Class 001 finished up its training Oct 24. Pictured, back row, l-r, Sgt. Laura Naundorf, Spc. Joshua Favereaux, Spc. Kory Duncan, and Capt. Robert Cook. Front row, Spc. Megan Strunk, Sgt. Gyloni Rowe, Sgt. Christopher Ross, and Spc. Noel Nigel.

Army activates IMCOM

(continued from page 1)
became IMCOM's deputy commander.

Under IMCOM, CFSC is renamed the Family and Morale, Welfare and Recreation Command, and becomes a subordinate command of IMCOM, commanded by Brig. Gen. Belinda Pinckney, with its own flag. The AEC is now the Army Environmental Command—also

a subordinate command, commanded by Col. Michael O'Keefe, and with its own flag.

The flag casings and uncasing were a symbolic focal point of the activation ceremony and the three gold and red flags, standing together in a rank, seemed to further underscore the unity of purpose inherent in the new organization.

"The Army has never been in greater need of installations as flagships of readiness than it is now," Wilson said, citing the construction, personnel and equipment realignments re-

quired to support Base Realignment and Closure, Army Modular Force, and Global Defense Posture Repositioning. He said BRAC alone accounts for more than 1,200 actions that impact the IMCOM mission.

The Army announced the establishment of the Installation Management Command as a direct reporting unit in August. This initiative is part of ongoing Army efforts to reorganize some of its commands and specified headquarters to obtain the most agile command and control structures to support the expedi-

tionary, modular force.

The full authority of command is vital to effectively direct the vast resources necessary to support troop deployments while meeting the needs of their families, Army officials said in announcing the decision to form IMCOM. Consolidating the installation management structure under IMCOM optimizes resources, protects the environment and enhances well-being of the Army community. IMCOM will provide efficient and agile support to commanders in the performance of their tactical and strategic missions.

The new command, currently headquartered in Virginia and Maryland, will relocate in 2010 to Fort Sam Houston, Texas, in accordance with requirements of the 2005 Base Realignment and Closure round. The deputy commanding general will locate in Texas, while the commanding general and ACSIM functions remain at the Pentagon.

The new command also will consolidate the four Installation Management Agency regions within the continental United States into two as required by BRAC. The Western Region will stand up in November at Fort Sam Houston, with consolidation taking place over the next few years. The Eastern Region will locate at Fort Eustis, Va., in 2010.

Plan ahead for new tax season

NJ IRS - Oct. 25, 2006 - Next year's tax season is only a few months away, and the Internal Revenue Service always encourages taxpayers to take the time beforehand to gather and organize their tax records to reduce stress at tax time.

"This is the time of year that people tend to get outside in the brisk autumn weather -- they rake leaves, clean out the garage -- do the things they've been putting off until cooler temperatures. I think it's only natural for people to want to get organized at home and business during this time of year as well. You can avoid headaches at tax time by keeping track of your receipts and other records throughout the year," said IRS spokesperson Gregg Semanick. "Good recordkeeping can save a lot of time and effort when completing your return."

The Internal Revenue Service expects to receive nearly 4.2 million tax returns from New Jersey filers during the upcoming 2007 tax season.

About 45 percent of New Jersey taxpayers claim itemized deductions such as state and real estate taxes, home mortgage interest, medical expenses, and charitable contributions.

Good recordkeeping can help avoid a missed deduction when tax season arrives.

Generally, the IRS does not require you to keep records in any special manner.

You should, however, keep any and all documents that may have an impact on your federal tax return.

Such items would include

bills, receipts, invoices, mileage logs, canceled checks, or any other proof of payment, and any other records to support deductions or credits you claim on your tax return.

Semanick stressed that good recordkeeping habits can have a positive impact on your business as well. "You need meaningful records to watch the development of your business. Records can show whether your business is improving, which items are selling, or what changes you need to make. Keeping thorough, accurate records can only increase the chances of business success."

Also, if you hire a paid tax professional to complete your return, the records you have kept will assist the preparer to complete your return quickly and accurately.

During the tax season about 65 percent of New Jersey filers will use a paid tax professional to prepare their tax returns.

Generally, tax records should be kept for three years, but some documents -- for example, records relating to a home purchase or sale, stock transactions, Individual Retirement Accounts, and business or rental property -- should be kept longer.

For more information on what types of records to keep, see IRS publication 552, Recordkeeping for Individuals. It's available at www.irs.gov.

Forms and publications can also be ordered by calling toll-free at 1-800-TAX-FORM, and telephone assistance is available at 1-800-TAX-1040.



Soldiers shine in musical medley

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heavy lifting, keep them fit and in shape.

"The entire idea of this year's theme came from the new Army motto: Call to Duty," said Soldier Show director Victor Hurtado.

"Answering loudly and clearly with reasons why Soldiers join the Army. For our civilian audience, it may illustrate why people join. For our military audience, it might remind them why — what their initial reasons were and why they continue to serve," he added.

The show highlighted vivid scenery, graceful dancing, powerful and moving vocals, colorful and flamboyant costumes, and professionally mastered lighting and audio accompaniment.

Songs and themes that caused the audience to reminisce of days and years past, experiences recently lived or up-coming, inspired and just plain entertained, filled the night.

The audience was treated to salsas, ethnic songs and dances from Africa and Samoa, Hip-Hop, Rhythm and Blues, and Gospel. They enjoyed some of their favorite songs by some of their favorite entertainers.

The evening was capped off with a couple of inspirational songs featuring Our God is an Awesome God by Rich Mullins, which received the loudest and most enthusiastic applause of the show.

The audience response to the show was extremely positive.

"It was awesome, awesome, awesome. It was so powerful and moving. It was spiritually motivating and packed with everything. I'm so glad to see more of our Creator being glorified in the show," said Mary Battle, wife of a Browns Mills Navy veteran and Army contractor.

"It was great. The creativity really appealed to me. I thought it was really well done," said Spc. Corey Lloyd, 3/144 Infantry, Tyler, Texas.

"I love how they hit all kinds of music from all kinds of eras. It was really good," said Pfc. Nicholas Lewis, 382nd Military Police, South Philadelphia, Pa.

"They need to have this more



BY THE SOLDIER, FOR THE SOLDIER — Pfc. Yoon, Jong-Baek from Yongsan, Korea, Staff Sgt. Samuel Hesch from Hawaii National Guard, Spc. Lucky Tagalou from Fort Hood, Texas, Spc. Benjamin Piel from the Yuma Proving Grounds, Ariz., and Spc. Serri

Sheridan from Fort Polk, La., from left above, doo-wop their way through a number during the Soldier Show at Timmermann Center Oct. 25. Tagalou is playing the part of a newly-married Soldier preparing for deployment.

often on Fort Dix. It was really, really good," said Tony Battle, Chenega contractor, Browns Mills.

The members of the Soldiers Show troupe felt just as strong about bringing the entertainment to the troops and their families.

"I was deployed for a year in Iraq. When I returned, I started the process to audition for the show. I've always wanted to be in the show. It is very important to the morale of the Soldiers. I wanted to be able to use all of my talents to serve the Army," said 1st Lt. Alisha Vaughn, female vocalist, HHB, 87th Combat Support Battalion, Fort Stewart, Ga.

"I think it is important that people know that being a part of the Soldier Show is not a break, but really a lot of work — 12 hours and more of strenuous work and practice every day. It is a great moral booster. Many of the Soldiers in the show have served overseas, so they know what Soldiers and their families go through today," Vaughn said.

"I want to say to the Soldiers in Iraq, Afghanistan and the rest of the world that it will be over

one day. Stay with God and be encouraged," she added.

"It's interesting. I really enjoy it. I've always been involved in music. Now I get to do it every day," said Spc. Daniel Murray, audio technician, 126th Forward Surgical Team, Fort Hood, Texas.

"I was stationed at Yong-Son Army Base in Seoul, South Korea, with the Korean Army. They had a contest and I won. My director told me about auditions for the Stars of Tomorrow. I was sent to Washington D.C. to compete and placed second in male vocals and third in best show. When I went back to Korea, I was told about the Soldiers Show and I thought I could go and entertain American Soldiers and their families because they came over to Korea to serve to protect Korean families," said Cpl. Jong-baek Yoon, male vocalist, KATUSA, HHC 8th Military Police Brigade, Yong-Son, Republic of Korea.

"It's an amazing experience being able to entertain in front of young people and old people. It is a wonderful opportunity. It helps me build my confidence. I

also am very proud to be able to represent my country and her very close friend, the United States. I fall more in love with my country because of this opportunity and also with the United States, too. I would like to thank the members of Fort Dix for allowing us to come and entertain them," Yoon added.

According to Thomas, the troupe has added one unscheduled stop to their tour this year. The 172nd Striker Brigade out of Fort Wainwright and Fort Richardson, Alaska, was supposed to return from serving overseas but at the last moment got turned around and sent back for extended service in the overseas arena.

A detachment of the troupe was sent to Alaska to entertain the families as was scheduled, but the entire troupe will travel to Alaska in November to entertain the troops after they arrive home. The move is a great example of Soldiers serving Soldiers.

The Soldier Show will be performing at Fort Monmouth Nov. 9 and 10. Call the Fort Monmouth MWR for details.



photos by Shawn Morris

FROM THE HEART — Spc. Elisabeth Graham from Fort Jackson, S.C., performs a solo rendition of Cyndi Lauper's 1984 hit "Time After Time."

NEIGHBORHOOD

THE CORNER

Halloween hours set for Trick-or-Treat

It's that time of year again when the streets of Fort Dix come alive with ghouls, ghosts, princesses and Sponge Bobs. That's right, it is time for Halloween.

This year's Trick-or-Treat will be held in the Fort Dix housing areas Oct. 31 from 6 to 8 p.m. Children trick-or-treating should be escorted by responsible persons, and parents are reminded to examine candy before giving it to children to eat.

Free interview workshop coming to ACS

Army Community Service, in partnership with the Burlington County College Job Placement Office, will host a free Job Interview Workshop Oct. 30 from 11:30 a.m. to 12:30 p.m. in Bldg. 5201 Maryland Avenue.

Register by calling Rod Martell at 562-2186 or sending e-mail to porfirio.rodriguez-martell@dix.army.mil. Seating is limited to 20 people.

Investing seminar coming to McGuire

The McGuire Family Support Center is hosting "It's Your Move: A Game Plan for Investing" Nov. 1. Pre-registration is required, and space is limited. Call Erica Zeiger at 754-5344 or Betsy Conzo at 754-5748.

McGuire to host finance class

A Guide to Financial Management class will be held Nov. 2 from 9 a.m. to noon in the McGuire Family Support Center. This basic financial management class will cover all banking services, credit management, insurances and investments. Call 754-5344 for more information.

Day of Caring coming soon

The Fort Dix Day of Caring will kick off with a pizza party Nov. 3 at 11:30 a.m. in the Main Chapel and run until 4:30 p.m.

Day of Caring volunteer projects include putting together comfort kits for mobilized Soldiers, creating quilts for kids, landscaping a Providence House and senior-citizens' homes, organizing toys for Operation Santa Claus, and supporting School Age Services, the Child Development Center and the Main Chapel.

For more information, call Frances Booth, Army Volunteer Corps coordinator, at 562-3930.

Veterans Dinner Dance coming to Cherry Hill

The Fifth Annual Veterans Dinner Dance will be held Nov. 4 at 5:30 p.m. in the Cherry Hill Armory.

The invited guest speaker is Governor Jon Corzine. Special guests include actor and comedian Joe Piscopo, and Philadelphia Eagle stars Jon Runyan, Shawn Andrews and Vince Papale.

Proceeds benefit veterans, deserving families of the N.J. National Guard, and the N.J. World War II Memorial.

For more information, call (856) 354-2172 or send e-mail to www.citizens4victory.com

MOMS Club to host Shopping Extravaganza

The MOMS Club of Browns Mills will host a MOMS Shopping Extravaganza Nov. 5 from 1 to 4 p.m. at the American Legion Post 294. The event will offer the opportunity to check out local vendors and crafters, and the MOMS Club will also be holding a bake sale to raise funds to benefit local women's and children's charities.

305th Medical Group to open in November

The 305th Medical Group on McGuire Air Force Base will open Nov. 6 at 10:30 a.m. Medical care can be accessed by calling 1 (866) DRS-APPT.

Dixans celebrate Hispanic heritage

Steve Snyder
Public Affairs Staff

Chicken Fricase and beef with tomatoes and cilantro topped menu offerings, Spanish dances and music shined as entertainment and a huge crowd jammed into Club Dix near noon Wednesday to attend the installation's annual bash honoring and promoting America's Hispanic heritage.

Amada Espinoza was in charge of the shindig and, as usual, the luncheon proved a crowd pleaser.

Sgt. 1st Class Stephan Gomez led a children's parade that displayed some cute fashions. Eddie Perry did a fine job singing the national anthem and later did socko versions of some old Elvis Presley tunes in the vein of a Ricky Martin, giving the Pelvis a Latin twist the audience appreciated. The Raices Broicias group included both a superb band and three dancers who were as attractive as they were nimble of foot.

Mary Acevedo was guest speaker, not reaching heights of Churchillian oratory but pounding home her theme that Hispanic Americans were assets second to none in their country.

Aida Millan, Ana Gomez, Bobby Brown, Carmen Ayala, Staff Sgt. Daisy Robles, Denise Horton, Staff Sgt. Edgardo Antequerra, Jackie Holliday, Rachelle Robert, Staff Sgt. Ricardo Rosario and Sgt. 1st Class Stephan Gomez were listed on the program for being special supporters of the day's events as were Club Dix, Eddie Perry, Goya Products and the School Age After School Program.

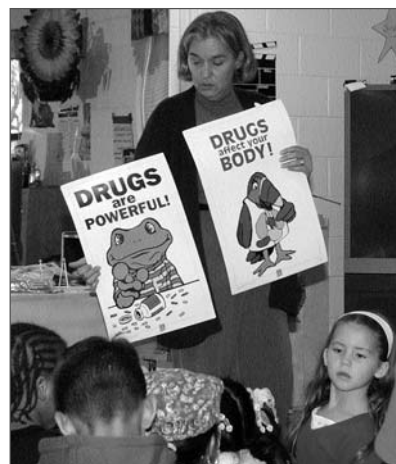
photos by Steve Snyder



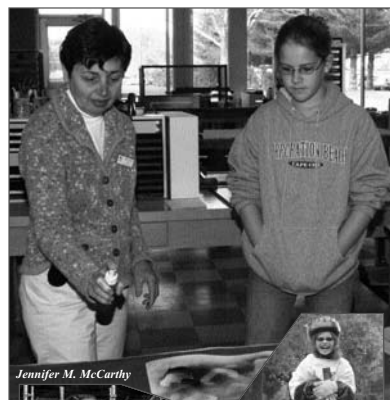
CELEBRATING -- Wilamara de Jesus (red dress) and Betsaida Lozada, left, joined Grace Montalvo (not pictured) in dancing up a storm at the luncheon. Col. Doug Dinon, Fort Dix's deputy commander for mobilization, above, presents Mary Acevedo with a picture of the post's ultimate weapon. Acevedo was guest speaker for Fort Dix's Hispanic Heritage Observance Committee Luncheon held Wednesday, Oct. 25, at Club Dix. Acevedo said she was surprised, not expecting to speak before such a large turnout.



FESTIVE OCCASION -- Diners, above left, enjoy a succulent fare including roasted pork, white rice, pigeon peas and rice, and tortilla chips and Salsa while Nazari de Jesus (in suit and with guitar) joins Isaud Hernandez, as the Raices Boricuas band, right, entertains with foot stompin' music. Ole!'



Wayne Cook



Jennifer M. McCarthy



Wayne Cook



Ed Mingin

Red Ribbon Week in review

Denise Horton, Substance Abuse Prevention coordinator, above, visits the School Age Services children Oct. 24 with a message about the dangers of drugs and alcohol during Red Ribbon Week. Jan Corbo, Arts and Crafts director, top right, shows Lynnea Carroll, 13, how to create liquid-letter note cards Oct. 24. Children and staff members of the School Age Services participate in a walk-run-athon at the one-mile track Oct. 25, near right. Sgt. Alex Diskin, far right, carries daughter Ashleigh, 9, across the finish line during the Red Ribbon Run Oct. 23.



Yellow Banners honor deploying Soldiers

A Yellow Banner is hoisted high above Infantry Park for each unit that deploys through Fort Dix. When the units demobilize, the banners are given to the returning Soldiers.

Command Sgt. Major Tom Beyard and Co.I. Tim Gowen, commander, Task Force AVCRAD (Aviation Classification and Repair Activity Depot), right, display their unit's Yellow Banner in Infantry Park before it was hoisted high over the heads of the more than 220 members of the organization Oct. 20.

Wayne Cook



Chaplains' Corner

Chap. (Maj.) Bill Heisterman
Chapel Staff

One of the greatest challenges to healthy relationships is the conflict that we face when someone has done something that has hurt us deeply. Too often, we feel powerless to address the situation because we do not have the necessary skills or tools to successfully resolve it. We try to ignore the situation, hoping that time alone will repair it.

Instead, we discover that the unresolved issue surfaces in a manner that is destructive (usually in anger), causing even deeper hurt for both parties and leaving the relationship even further damaged.

Without intervention, the very relationship itself is at risk. But, it does not have to be this way. The Bible gives us the tools needed to successfully address and resolve conflict in relationships.

When a person has sinned against us or unintentionally hurt us, we must go to the person, one-on-one, and address the issue. We should not yet involve third parties, but should instead protect the privacy and integrity of the relationship by addressing the situation directly and respectfully.

How do we know when it is time to go and address an issue? If we are at a place of anger where our agenda is to let the other person "have it," it is not yet time to address the issue with that person. We should first work through our emotions until we are ready to focus on the benefit of the other person and the relationship. When we are prepared to do that, then and only then are we ready to resolve the issue with the other person.

Also, it should be pointed out that it is not our responsibility to nit-pick, micro-manage, or fix the other person. If the offense is a minor one, we should silently forgive the person and move on with a healthy relationship. Every issue does not

need to be directly confronted. No one is perfect, and we cannot address each and every imperfection. Only when the transgression is damaging to your relationship, to the other person directly, or to other relationships is it significant enough that it must be confronted.

If the indiscretion is serious enough to confront, then the Biblical guidance is that we must speak the truth in love. When people fail, we must bring them God's Message of Hope applied specifically to that area of failure.

"If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over. But if he will not listen, take one or two others along, so that 'every matter may be established by the testimony of two or three witnesses.' If he refuses to listen to them, tell it to the church; and if he refuses to listen even to the church, treat him as you would a pagan or a tax collector."

Matthew 18:15-17

then point out their failure in love. We must ask God for help to resist the tendency to hammer people into submission by dwelling on their failures. If needed, we should be prepared to offer assistance to the other person to help him or her develop the resources, tools or skills needed to cope with his or her areas of shortcoming. This is how we can successfully resolve conflict in our relationships. In this way, we can assist others in not only learning how to deal with conflict in a healthy manner, but also in growing in their areas of personal need.

If the one-on-one approach does not resolve the issue, then you can bring others into the situation. Carefully choose who to involve, ensuring that the person is mature and prepared to handle the situation in the same heart and manner of love.

If the other person still refuses to address and bring resolution to the issue, then it is necessary to sever the relationship until that person is ready to address and resolve the issue, thereby restoring the relationship. Until that time, that relationship will be an unhealthy one.

While the Bible provides the tools to successfully deal with relationship conflict, the skill must be developed. That comes only when we practice using the tools with which we have been entrusted. Decide today to participate in the Ministry of Reconciliation.

Families bid farewell to deploying military police troops



FAMILY TIES -- Family members, left, of Sgt. Julianna Bansley watch as Soldiers of the 144th Military Police Company of Michigan and Connecticut prepare to depart Fort Dix to fight the Global War on Terrorism as part of Operation Iraqi Freedom. They are, from left, sister Shannon Bansley, Tony Thompson, daughter Emma, and sister Angela Bansley. Sgt. Anthony Jusseaume of the 144th Military Police Company, below right, is interviewed by Connecticut's Channel 3 at McGuire Air Force Base before deploying for Operation Iraqi Freedom.

photos by David Moore



WDIX Channel 2
24/7 information

MILITARY MATTERS

Civil affairs Soldiers bring unique perspective to war

Staff Sgt. Samantha M. Stryker
5th Mobile Public Affairs Detachment

Blackanthen Military News, BAQUBAH, Iraq — If you ever wondered what civil affairs Soldiers do, spend a day with members of the 404th Civil Affairs Battalion from Fort Dix, N.J., as they conduct operations in the province of Diyala in Iraq.

"Civil affairs units help rebuild infrastructure and gather information for the command," said Frank Emblen, team chief of Civil Affairs Team A, Co. B, 404 CA.

Information gathering is part of any mission, whether an infantry foot patrol or a routine logistics movement. So Emblen compared his job to another organization not well known, psychological operations.

"The difference between civil affairs and psychological operations is we listen and they talk," Emblen said.

Civil affairs teams not only venture out into the local communities to get a feel for what locals need and want from coalition forces, they listen to local leaders, called muktars, and the people in those communities. Emblen said that is how CA Soldiers can learn about tribal feuds, sectarian violence and friendly and non-friendly villages. They then pass that information to the taskforce commander and his staff. Information such as the local people's confidence in the Iraqi Army, police forces, and even the local leadership is collected, analyzed and presented to the commander daily along with a recommended course of action.



Ed Mingin

PACKED AND READY — Soldiers from the 404th Civil Affairs Battalion work and train at Fort Dix to prepare for their unique mission.

Every successful businessman understands the importance of face-to-face meetings and building rapport with others. That is why the Army uses the small team concept to interact with local leaders. Civil Affairs Teams are the link between a military commander and the community. The two CAT-A teams here are each three-man teams, one officer and two enlisted per team. Each team stays in their designated area to build a relationship with the civil leaders over an extended period of time.

Along with building community relations, the CAT-A teams are responsible for reconstruction projects costing less than \$50,000 or that involve emergency services.

"At our level, we help with an immediate solution, such as drilling a well," said Emblen.

For bigger reconstruction projects, ventures costing more than \$50,000 Emblen says the role of the CAT-A team is, "... to get the project in motion and once the bidding process is complete and the larger projects are awarded, we monitor the progress of the work."

Once the projects are awarded, CAT-A team members help coordinate non-government organizations, government organizations and the military's role, as well as monitor the progress of the project until it is complete. One such project is a soccer stadium in Baqubah costing \$7,000 to build.

Emblen said CA can help get

communities anything from medical assistance to recreation projects.

"What we are working for (is) to help this country compete in the worldwide economy," said Emblen. "If we leave, things will get worse."

He sees signs of this every day. Once the coalition forces leave an area, insurgents move in, destroy the infrastructure, and begin an intimidation campaign attempting to dissolve the transformation efforts by the West.

Emblen says he is thankful for the privileges he has back home, but he is also thankful for the opportunity to help the people of Iraq get back on their feet and stand up for themselves in the world economy.

Bullets

Military spouses, family members invited to free Career Boot Camp

• **ARLINGTON, Va.** — Active-duty military spouses and family members are invited to attend a free Career Boot Camp - to assist those who are preparing to enter or reenter the workforce - Nov. 4 at the Henderson Hall Theater from 9 a.m. to 3 p.m. at Henderson Hall in Arlington, Va.

The Military Officers Association of America (MOAA) has teamed up with the Career Resource Management Center of Henderson Hall, Military Spouse Corporate Career Network, (MSCCN), and CinHouse, to sponsor this free Career Boot Camp, designed to prepare the military spouse with the information needed for a successful career search.

As a precursor to MOAA's upcoming Career Fair Nov. 15 at the Washington, DC Convention Center, MOAA hopes to help prepare attendees with the information needed to prepare or update resumes, dress for success and conduct dynamic interviews.

The Boot Camp will include consecutive presentations given by professional speakers to include, "Dollars and Sense: Can You Afford to Work?" given by the Military Officers Association of America, (MOAA); "Networking with a Purpose," given by Henderson Hall Career Resource Management Center; followed by - resume pointers and assistance in "Staying Current within Today's Job Market" by Adecco Representatives.

At noon, the keynote speaker, Diana Leneghan Tomb, herself married to a retired naval officer, will discuss "Career Strategies for Working Women". Tomb is a seasoned and experienced professional who has spent over 20 years in strategic communications in the private sector as well as government, political and the non-profit arenas. Her presentation will be followed by a "Dressing for the Interview" fashion show sponsored by Rita Gworek of ImagebyRita, who has more than 14 years experience provided personalized and innovative image consulting for businesses and professionals, including members of the White House staff.

Those interested can register at https://www.operationhomefront.net/moaa_form/. Pre-registration is required as space is limited. For more information, call (703) 614-6828 or e-mail moaaspouse@moaa.org. For more information on the MOAA Career Fair on Nov. 15, visit http://www.moaa.org/serv_career_fair_2006_info/index.htm.

Mobilized Guard, Reserve troops see increase in total numbers

• This week, the Army and Marine Corps announced an increase in the number of reservists on active duty in support of the partial mobilization, while the Air Force and Navy had a decrease. The Coast Guard number remained the same. The net collective result is 451 more reservists mobilized than last week.

A cumulative roster of all National Guard and Reserve personnel, who are currently mobilized, can be found at <http://www.defenselink.mil/news/Oct2006/d20061018ngr.pdf>.

Top troops needed to fill slots in training division

A recent popular television advertisement for an automobile manufacturer stated, "Drivers Wanted." One of Fort Meade's newest partner organizations is reaching out with a similar mantra: Soldiers and Department of the Army (DA) Civilians wanted.

The First U.S. Army Training Support Division East (TSD East) opened for business in June, 2006 at Fort Meade and is filling up its ranks quickly with soldiers from the active component, Army Reserve, National Guard and Active Guard and Reserve (AGR), in addition to civilian employees.

However, more personnel are needed, and officials are putting out the word. "TSD East wants you," said Col. Richard Fink, Chief of Staff, 1AE TSD East.

There are also positions available for full-time status in available

AGR slots. Bonuses up to \$1,500 are possible.

The TSD East mission entails training, readiness oversight and mobilization for U.S. Army Reserve and National Guard units east of the Mississippi River, plus Minnesota, Puerto Rico and the U.S. Virgin Islands. First U.S. Army Training Support Division West (TSD West), located at Fort Carson, Colorado, is tasked with the same mission for all units west of the Mississippi River.

"TSD East is proving that the active and reserve components of the Army are true partners in meeting the Army's worldwide mission," said Master Sgt. Vivian Cook, G1, TSD East.

Anyone interested in becoming part of this organization, or those seeking more information, should call Maj. Joseph Richey at (301) 833-8345.

Opportunities exist for the following military occupational skills:

42A40 Sr. Human Resource Sergeant (Mob)
35D00 Intelligence Officer
96B40 Intelligence NCO
01A00 Training Officer
68K40 Med Lab Training NCO
01A00 Plans Officer
00G50 CME/Ops NCO
02A00 Mob Officer
90A00 Logistics Officer
92A00 Quartermaster Officer (Supply)
53A00 Automation Officer
25W40 Telecom Ops Chief
25Z40 Visual Info Ops
44C40 Financial Services NCO
46Z50 CH PA NCO
46R30 Broadcast NCO (editor)
56A00 Chaplain Trainer
56M40 Chaplain Assistant NCO
27A00 Assistant SJA
27D40 Paralegal NCO



Shawn Morris

New CO ready to go

Lt. Col. Mark Zaslavsky, left, takes command of the Army Reserve's 1/322nd Logistics Support Battalion, 5th Brigade, 78th Division, during a change-of-command ceremony held on Sharp Field Oct. 14.

Announcements



Movie Schedule
at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, Oct. 27 @ 7:30 p.m.
Gridiron Gang - Dwayne "The Rock" Johnson, Kevin Dunn - Gridiron Gang tells the gritty and powerfully emotional story of juvenile detention camp probation officer Sean Porter, who, along with another officer, Malcolm Moore, turns a group of hard core teenage felons into a high school football team in four weeks. Confronted with gang rivalries and bitter hatred between his teammates, Porter teaches some hard lessons (and learns a few himself) as the kids gain a sense of self-respect and responsibility. In a world where 75% of these juvenile inmates return to prison or meet with violent ends on the streets, Porter and Moore face seemingly insurmountable barriers. No one wants to compete against convicted criminals, but through relentless pursuit and a jolt of inspiration, Porter and his team fight their way to redemption and a second chance. **MCAA Rating: PG-13, Run Time: 2 hours.**

Saturday, Oct. 28 @ 7:30 p.m.
The Black Dahlia - Josh Hartnett, Scarlett Johansson - Two cops in 1940s Los Angeles investigate the shocking murder of a Hollywood starlet. One, Lee Blanchard, puts his marriage in jeopardy by obsessing over the crime, while the other, Bucky Bleichert, becomes involved with a woman from a prominent family, who happens to have an unsavory tie to the victim. Based on the novel by James Ellroy. **MCAA Rating: R, Run Time: 2 hours.**

Future Features...

Jet Li's Fearless
Friday, November 3 @ 7:30 p.m.
PG-13, 103 min.

Jackson Number Two
Saturday, November 4 @ 7:30 p.m.
R, 92 min.

Main Chapel

562-5791/562-2020

Sunday services

Protestant at 9 a.m.
Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.
Catholic CCD is held at 9:15 a.m.
Protestant-Gospel Sunday School at 10:15 a.m.

Religious Services

Islamic Prayer Services
held at noon, Monday through Thursday - Room 24

Adult Bible Study
Wednesdays at 7 p.m.

Catholic Adult Bible Study - Sundays at 11:30 a.m.

Christian Women of the Chapel
hold a **Bible Study** - Tuesdays, 9:30 a.m. to noon

Jewish Services
Shabbat held every first and third Friday evening at 6 p.m. followed by KIDDOUSH Fellowship

Chapel 5 (Bldg. 5950)
562-4847

Memorial Prayer Service for Our Soldiers
5:45 p.m. each Sunday
Computer Room: Mon. - Fri.
9 a.m. - noon / 2-4 p.m. and 5-8 p.m.
Infant Baptism and Lutheran Confirmation
Instruction by appointment

Organizations

Civil Air Patrol Membership
Civil Air Patrol is a vital organization that prepares our youth morally, physically and mentally as leaders of tomorrow. By providing leadership training, technical education, powered and non-powered flight orientation, scholarships and career education for young people (12-18 yrs). We are looking for adult and cadet members who want to make a difference in their personal lives while contributing to a strong America. Contact: Major, Michael Sperry 609-239-4616 or msperry1@comcast.net, http://www.njwv.gov/ Building 3412 Neely Rd, McGuire AFB.

County WIC Program Available
Women, Infants and Children (WIC) is a federally funded supplemental nutrition program for pregnant and breastfeeding women, infants and children under the age of 5. Eligibility for the program is based on an income and nutritional or medical risk. WIC can provide infants with iron-fortified infant formula, cereal and juice. Children and women receive milk, cheese, eggs, cereal, juice, peanut butter or beans. Women who breastfeed and do not use any infant formula may also receive carrots and tuna.

The Burlington County WIC Program has clinics throughout the county. Evening appointments are available. To learn more about the program call WIC at 267-4303

305 MDG Pharmacy information
Patients using the 305 MDG Ambulatory Healthcare Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in.

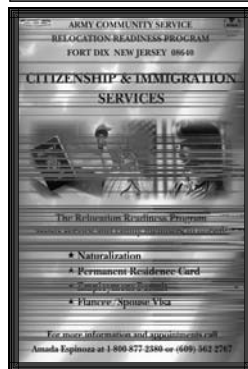
Current prescriptions may be refilled 24 hours-a-day, seven days a week, by calling 754-9470. Refills can be requested seven to ten days before

the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

Thrift Shop offers gifts for holidays
Visit the Fort Dix Thrift Shop for all your clothing, household and gift giving needs. They have a great line of new tile coasters, magnets, greeting cards, and jewelry that are perfect for those last minute gifts or to begin your Christmas shopping. Consignments and donations are graciously accepted. Our regular business hours are: Tuesday and Thursday 10:00 a.m. to 2:00 p.m., the first Wednesday of the month from 4:00 p.m. to 8:00 p.m., and the first and third Saturday of each month from 10:00 a.m. to 2:00 p.m. For more information call 723-2683.

NCO Call
at Club Dix
Wednesdays at 6 p.m.

WDIX
Channel 2
24/7 information



Family Advocacy
562-5200
562-5721/2020
American Red Cross
562-2258
Army Emergency Relief
562-2767

24-hour Hotlines

Sexual Assault.....562-3849
Victim Advocacy.....694-8724
Child/Spousal Abuse.....562-6001
Emergencies.....911

Or, visit the Fort Dix Department of Defense Police Department in Bldg. 6049 on 8th Street.

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED
Administrative Hours:
Tuesday - Friday noon to 6 p.m.

October Schedule

Oct. 28
Six Flags Frigate Fest
5:00 - 10:00 p.m.
\$5/person

Mondays - Fridays
Power Hour
2 - 4:30 p.m.

Computer Lab
4:30 - 6:30 p.m.
(except Oct. 19, 5 - 6:30 p.m.)

Tuesdays
SMART Moves
3:45 - 4:45 p.m.

Wednesdays
Sports and Fitness
3:35 - 4:45 p.m.

Thursdays
Tech Club
3:45 - 4:45 p.m.

Fridays
Arts and Crafts
3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

MOBILIZATION NEWS YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus

562-5888
Monday to Sunday - 7 a.m. to 10 p.m.
During the day *Star Tour* buses are used.
In evening the military Bluebird buses are used.

Dix Shoppette/Class Six/ Gas Station

Bldg. 5359, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall

723-6100
Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary

754-4154
Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307
Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Club Dix

723-3272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.

Revolutions Lounge
Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.

Recreation Center

562-4956
Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

Dining Facilities

NEW HOURS
Bldgs. 5640 and 5986
Mon - Sun 5:30 to 7:30 a.m.
Mon - Sun 11:30 a.m. to 1:15 p.m.
Mon - Sun 4:30 to 6:30 p.m.
Bldg. 5517
Mon - Sun 6:30 to 8:00 a.m.
Mon - Sun 11:30 a.m. to 1:00 p.m.
Mon - Sun 4:30 to 6:00 p.m.

Outdoor Recreation

562-6667
Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

Java Cafe @Club Dix

723-3272
Monday - Tuesday - 6 a.m. to 1:30 p.m.
Wednesday - Saturday - 6 a.m. to 10 p.m.
Sunday - noon-5p.m.

McGuire Gas Station

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 7 p.m.
Sunday - 9 a.m. to 6 p.m.

Firestone

723-0464
Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

McGuire Shoppette

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Thursday - 6:30 a.m. to 9 p.m.
Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 10 p.m.
Sunday - 9 a.m. to 7 p.m.

Burger King

723-8937
Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.

Spouses' Club Thrift Shop

723-2683
Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

Fort Dix Post Office

723-1541
6038 West 9th St.
Monday to Friday - 8:30 a.m. to 4:30 p.m.
Saturday - 9:00 a.m. to noon
Lobby hours
Monday to Friday 7:00 a.m. to 7:00 p.m.



Awards abound during NCO Call



Staff Sgt. Kevin Park, left, receives the Army Achievement Medal for meritorious service as a military pay sergeant while attending ANCOG Phase I from Lt. Col. Cynthia Palinski, Mobilization Readiness Battalion commander, during NCO Call Oct. 18 at Club Dix. Park, along with fellow Soldiers Sgt. Eugene Ethengain, Sgt. Charles Gaglio, Staff Sgt. Glen Johnston, Sgt. 1st Class Nicholas D'Alessandro and Sgt. 1st Class Eric Turner, right, receives the Army Good Conduct Medal. This marked Turner's third time receiving the award.

photos by Shawn Morris



Maj. Joyce Toriano, acting Charlie Company commander, center, and 1st Sgt. John Humphreys, Charlie Company first sergeant, right, receive a Congressional Letter of Recognition from New Jersey Congressman Jim Saxton for the unit's assistance to an injured Soldier. Not present was Maj. David Dean, Charlie Company commander.



Staff Sgt. Anthony Ruiz, above, receives a Certificate of Achievement for his participation in the 2006 Tunnel to Towers run in New York City. Also receiving certificates were Sgt. Charles Gaglio, Sgt. Katherine Hadaway, Staff Sgt. Jose Arguelles, Sgt. 1st Class January Rodriguez, Sgt. 1st Class Rose Morgan, Sgt. 1st Class Warren Head, Sgt. 1st Class James Pampinto, Sgt. 1st Class Michelle Rudder, Sgt. 1st Class David Zenk, 1st Sgt. John Humphreys, 1st Sgt. Lisa Youngsang, 1st Lt. Brian Marpoe, Capt. Mitchell Wisniewski and Maj. Joyce Toriano. Receiving a special Certificate of Appreciation for his participation in the run is Gaglio's son Paul, right.



Mailing deadlines approaching

Find the best time to send gifts to friends and loved ones overseas. Beat the last-minute rush and take your mail to your U. S. Post Office by these suggested dates:

Military Mail Addressed to:	Express Mail® Military Service (EMMS) ^{1/}	First-Class Mail® Letters/Cards	Priority Mail®	Parcel Airlift Mail (PAL) ^{2/}	Space Available Mail (SAM) ^{3/}	Parcel Post®
APO/FPO AE ZIPs 090-092	Dec 19	Dec 11	Dec 11	Dec 4	Nov 27	Nov 13
APO/FPO AE ZIP 093	N/A	Dec 4	Dec 4	Dec 2	Nov 27	Nov 13
APO/FPO AE ZIPs 094-098	Dec 19	Dec 11	Dec 11	Dec 4	Nov 27	Nov 13
APO/FPO AA ZIPs 340	Dec 19	Dec 11	Dec 11	Dec 4	Nov 27	Nov 13
APO/FPO AP ZIPs 962-966	Dec 19	Dec 11	Dec 11	Dec 4	Nov 27	Nov 13

^{1/} EMMS: Express Mail Military Service is available to selected military post offices. Check with your local Post Office to determine if this service is available to your APO/FPO of address.

^{2/} PAL: PAL is a service that provides air transportation for parcels on a space-available basis. It is available for Parcel Post items not exceeding 30 pounds in weight or 60 inches in length and girth combined. The applicable PAL fee must be paid in addition to the regular surface rate of postage for each addressed piece sent by PAL service.

^{3/} SAM: Parcels paid at Parcel Post postage rates are first transported domestically by surface and then to overseas destinations by air on a space-available basis. The maximum weight and size limits are 15 pounds and 60 inches in length and girth combined.

International Mail Addressed to:	Global Express Guaranteed® (GXG) ^{4/}	Global Express Mail® (GEM) ^{5/}	Global Priority Mail® (GPM) ^{6/}	Global Airmail Letters and Cards	Global Airmail Parcel Post®	Global Economy® (Surface)
Africa	Dec 19	Dec 11	Dec 6	Dec 4	Dec 4	Oct 16
Asia / Pacific Rim	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Oct 30
Australia / New Zealand	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Oct 30
Canada	Dec 20	Dec 16	Dec 13	Dec 11	Dec 11	Nov 27
Caribbean	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Nov 6
Central & South America	Dec 19	Dec 11	Dec 4	Dec 4	Dec 4	Oct 30
Mexico	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Nov 20
Europe	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Nov 6
Middle East	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Oct 23

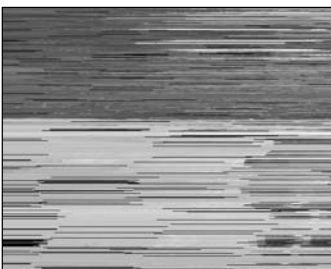
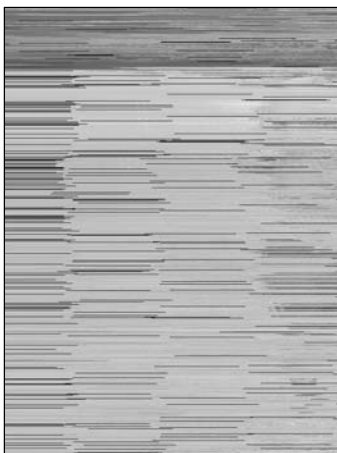
^{4/} GXG: Global Express Guaranteed is available to over 190 countries via a partnership with Federal Express. See retail associate at participating locations for a complete list of countries and money-back guarantee details. Some restrictions apply.

^{5/} GEM: Global Express Mail is available to over 190 countries with delivery in 3-5 business days. See a retail associate at participating locations for a complete list of countries. Some restrictions apply.

^{6/} GPM: Global Priority Mail is an accelerated airmail service available for items up to 4 pounds to 51 countries. The service is available in two attractive-sized envelopes. Customers can also use their own packaging by adding the Global Priority Mail sticker. See a retail associate at participating locations for a complete list of countries. Some restrictions apply.



Red Ribbon Runners hit the road



photos by Ed Mingin

POUNDING THE PAVEMENT -- Runners hit the street for the Red Ribbon Run this past Tuesday. Air Force Staff Sgt. Mike Lowe, top left, led all runners across the line at 22:30. Staff Sgt. Ivan Diaz, above, finished second in 23:30. Finishing first in the female division was 1st Sgt. Milagros Vega, top right, at 27:40. Finishing with a time of 33:48 was Danielle Cotton, who crossed the line with her husband, Deputy Installation Commander Lt. Col. Roger Cotton. She was the second place female finisher.

Sports Shorts

**Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.**

**Doughboy Gym
Newport Ave.
Monday - Friday
5 to 9 p.m.
Closed weekends**

Youth Sports Basketball

Fort Dix Child & Youth Services will be offering basketball for youths up to 15 years of age. No players on high school teams accepted.

Registration is from Oct. 16 - Dec. 1.

All children must be registered with Fort Dix Child & Youth Services to participate.

A registration fee of \$18 per child or \$40 for three or more children will be charged for anyone not already registered for CYS, in addition to the specified activity/sports fees.

Parents must show proof of sports physical for the current year.

Mandatory basketball certification for coaches is scheduled for Dec. 3, 10 a.m. - 2 p.m.

Fort Dix Youth Sports programs focus on skill development and fun through positive mentoring and sportsmanship. Come experience and participate in the Fort Dix Youth Basketball Program.

For more information, call the Youth Sports Office at 562-5519.

Intramural Basketball

The Griffith Field House will be holding their annual Intramural Basketball League. The first coaches meeting will be Nov. 7. For more information about participating, call Chris O'Donnell at 562-4888.

Outdoor Rec.

For more information about Outdoor Rec activities, call them at 562-2727. You can also visit their website at www.dixmwr.com.

Oct. 28

Horseback Riding @ Tyler State Park
Fees: \$35

Nov. 4

Hiking and lunch @ Bass River State Forest
Fees: \$20 adult \$15

Nov. 11

Rock Climbing
Fees: \$35 adult \$25 child

Nov. 17

Jersey Devil Hunt
Fees: \$20 adult \$15 child

Dec. 2

Ice Skating
Fees: \$20 adult \$15 child

Dec. 9

Lost River Caverns
Fees: \$30 adult \$25 child

Aquatics

Winter hours are now in place for the indoor pool.

**WDIX
Channel 2**

24/7 information

National wrestling team trains at Dix

Ed Mingin
Public Affairs Staff

The U.S. National Championship Wrestling team will be traveling to Turkey next week to compete in the World Championship Tournament.

Before traveling abroad to take on the best the world has to offer, several wrestlers from the team stopped at Fort Dix for a

few days of training.

Youth Sports Director Floyd Winter is coaching the team, and along with some help from Staff Sgt. Kenny Owens, Winter is giving the wrestlers some last-minute preparation.

Winter has a long and storied wrestling history, and has climbed to the top of the wrestling world. He was a top Army wrestler for years, then went on to coach in several

Olympic games.

Owens, a combatives instructor at Fort Dix, also has a long wrestling history. He was a wrestler for the Army team, the Marine Corps team, the Military world team, the U.S. National team, and a former Olympic hopeful. Owens has crossed paths with Winter several times through his wrestling career.

"He was a great wrestler and is now a great coach. He used to be the coach for the Army wrestling team. He left the team just before I joined. He has always been a wrestling hero that I looked up to," said Owens. "He helped coach me at different events over the years. I did not know he was here at Fort Dix until I spoke with one of my old teammates over the phone. So, it is great that we are here together once more."

"I've been a national guy for a long time, and an Olympic coach too," said Winter. "Then they called me and asked me to coach the national team."

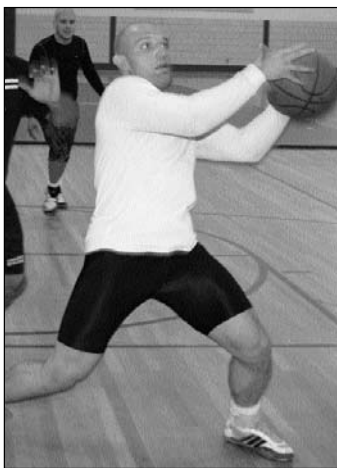
Winter and Owens are not only training the national team, they are also offering their knowledge to young wrestlers in the area. Last week, the two went to Pemberton High School to hold a wrestling clinic.

"I enjoy giving back to the sport. It's my job, but it's my passion too," said Winter. "The benefits are greater when working with the kids. With the national team, they're already developed wrestlers. With the kids, you start from the beginning."

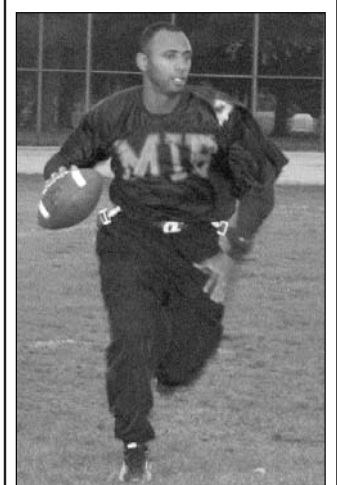
The kids at the wrestling clinic ranged from five years old to high school. Winter stressed the basic fundamentals of the sport, to cover the wide range of experience.

"It's all about leverage and angles," he told the kids. "You can become a state champion, national champion, even an Olympic champion if you have good fundamentals."

Winter and Owens demonstrated some of the basics to the kids, and gave some hands on



WARMING UP -- Before taking to the mat for practice, Ray White, of the U.S. National Wrestling team, warms up with a few rounds of basketball, above. Once on the mat, Floyd Winter looks on as Staff Sgt. Patrick McDonough and Marine Lt. Juan Ramos wrestle a trial match, top photo.



Ed Mingin

Championship showdown

MRB defeated EOD this past Tuesday evening and will now meet the Wildcats in the final round of flag football. The Wildcats are undefeated, and are looking to remain perfect this season. The game was scheduled for Thursday night. Look in next week's edition of the Post for results.



photos by Ed Mingin

NATIONAL TEAM -- Three members of the U.S. National wrestling team spent a few days training at Fort Dix for the upcoming World Championship meet in Turkey. Cpl. Moises Hernandez, Lt. Juan Ramos, both Marines, and Ray White, front row, came to Dix to work with Floyd Winter, Staff Sgt. Patrick McDonough, and Staff Sgt. Kenny Owens, back row. Winter and Owens also hosted a wrestling clinic at Pemberton High School, where they showed some basic wrestling techniques, below. Owens takes a hands-on approach with Cpl. Moises Hernandez, bottom photo, as the two go a few rounds during training. Winter is going back to Pemberton High School this weekend for another clinic, this time with members of the U.S. National team.

guidance. "It was a bit difficult with the age range. There were young kids from five, all the way up to the high school level," said Winter. "So we just stuck with the basics."

The kids from the wrestling clinic will get a special treat this Friday, when Winter will bring the national team to visit.

"I'm going back Friday with the national team. They're going to meet with the kids, sign autographs and give some wrestling tips," he said.



BACK TO BASICS -- Sgt. James Scott, USMC, helps son Gaige and his friend Brian Cloran, both 6, with new techniques at the wrestling clinic hosted by Floyd Winter of Youth Sports.

Peewees dominating competition

Ed Mingin
Public Affairs Staff

Continuing with their winning ways, the Fort Dix Chargers Peewees rolled over Lawrence 26-0.

"Brandon Hawkins had a career day scoring four touchdowns," said coach Steve Uzleber. "The offense played the way I always knew they could. The offensive line controlled the line of scrimmage the whole game. The backs blocked for each other."

The Chargers offense racked up a lot of points, but Uzleber was quick to point out the contributions of the defense.

"As impressive as the offense was, it was the defense and special teams that won the day," he said. "Thanks to the hard work of Coach Hawkins and Coach Cotton, the defense was prepared for everything Lawrence threw at them."

Troy Savage terrorized the Lawrence offense, grabbing two interceptions and making numerous tackles.

The coach was quick to point out several players who had great games.

"Kevin Rafferty stuffed his side of the line and had a fumble recovery," said Uzleber. "The special teams recovered an onside kick, and Felipe Hernandez recovered a muffed punt."

Clearly in control of the game, Uzleber rested his starters

in the final quarter.

"We put the 'Pink Offense' in for the whole fourth quarter, to the joy of our fans. The team was very excited and I believe everyone had fun," he said.

The Peewees travel to Riverside this Saturday night for their next game.

The Mitey Mites are still looking for their first win after losing 27-0 to Cinnaminson, but continue to work and improve.

"We have a lot of players out due to illness and the team has really stepped up and worked hard," said head coach Andy Middleton. "Many are playing in unfamiliar positions and doing well. QB Sean Hoggas had a couple great passes, with a 10-yard completion in the air."

Hoggas has been moved to quarterback to replace Tarel Grant, who is out for the season. Grant was also a strong defensive presence for the Mitey Mites, and several players are now stepping up to make plays.

"Defensive tackle Brandon Gray had an amazing game with over a dozen tackles," said Middleton. "And little Rahdazion Powell, only 49 pounds, had an open field tackle and took the guy down."

The Mitey Mites are back in action this Saturday night at Riverside.

In the Midget division, the Chargers lost 28-12 to Cinnaminson. The Midgets will play again this Saturday night at Riverside.



Helen Lacher

GROUND GAIN -- Luc Lacher pounds out a few yards for the Fort Dix Mitey Mites in last week's game against Cinnaminson.